

## Things to do at home during the Coronavirus pandemic (5)

Make and play noughts and crosses with big paper plates in the garden or on the floor indoors. (see picture attached)

Make and play golf. Practice aiming particularly. (see pictures attached)

Play balloon tennis with a fly squat. (see picture attached)

Make and play your own hoopla. This can also be done by using Lego towers that you make. (see pictures attached)

Make and play knock the balls down. (see picture attached)

Make a few skittles out of Lego and then knock them down with a ball. (see attached picture)

Make a maze out of Lego and play with it. (see picture)

Take your shoes and socks off and feel various resources with your feet. For example, sand (wet and dry), shaving foam, mud, jelly and so on. Discuss with your child(ren) what it feels like. The language used is so important.

Make some biscuits and decorate them. (depending on the time of year these could be Easter biscuits - bunnies or egg shape)

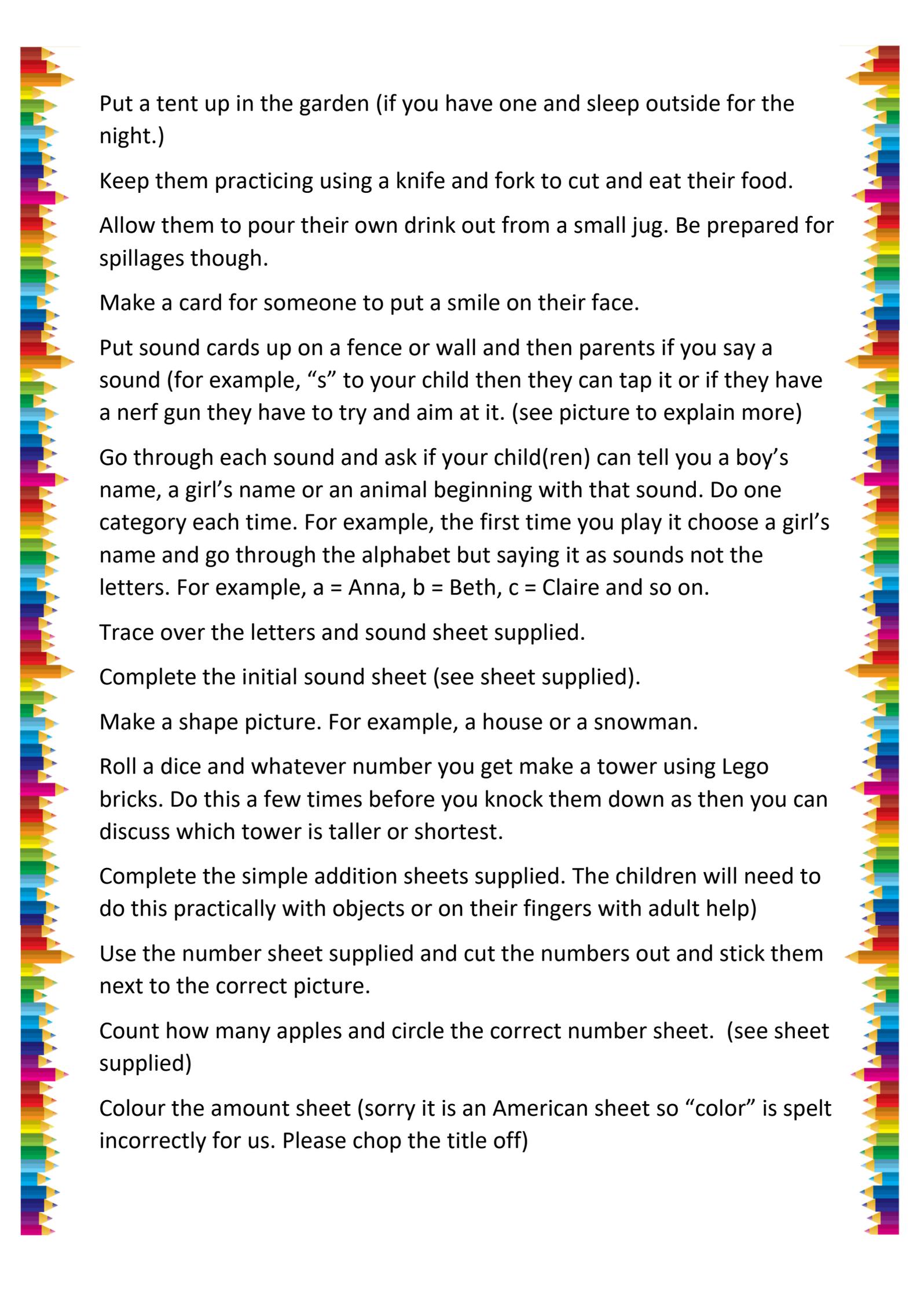
Make pizza. This can be done using various bases, bagels, a French stick, flat bread and so on. The children will enjoy choosing toppings to put on them too.

Make fruit kebabs.

Try different foods lots and even if they don't like it once try it again as often, they do eventually.

Have a teddy bears picnic.

Make a puppet show with someone.



Put a tent up in the garden (if you have one and sleep outside for the night.)

Keep them practicing using a knife and fork to cut and eat their food.

Allow them to pour their own drink out from a small jug. Be prepared for spillages though.

Make a card for someone to put a smile on their face.

Put sound cards up on a fence or wall and then parents if you say a sound (for example, "s" to your child then they can tap it or if they have a nerf gun they have to try and aim at it. (see picture to explain more)

Go through each sound and ask if your child(ren) can tell you a boy's name, a girl's name or an animal beginning with that sound. Do one category each time. For example, the first time you play it choose a girl's name and go through the alphabet but saying it as sounds not the letters. For example, a = Anna, b = Beth, c = Claire and so on.

Trace over the letters and sound sheet supplied.

Complete the initial sound sheet (see sheet supplied).

Make a shape picture. For example, a house or a snowman.

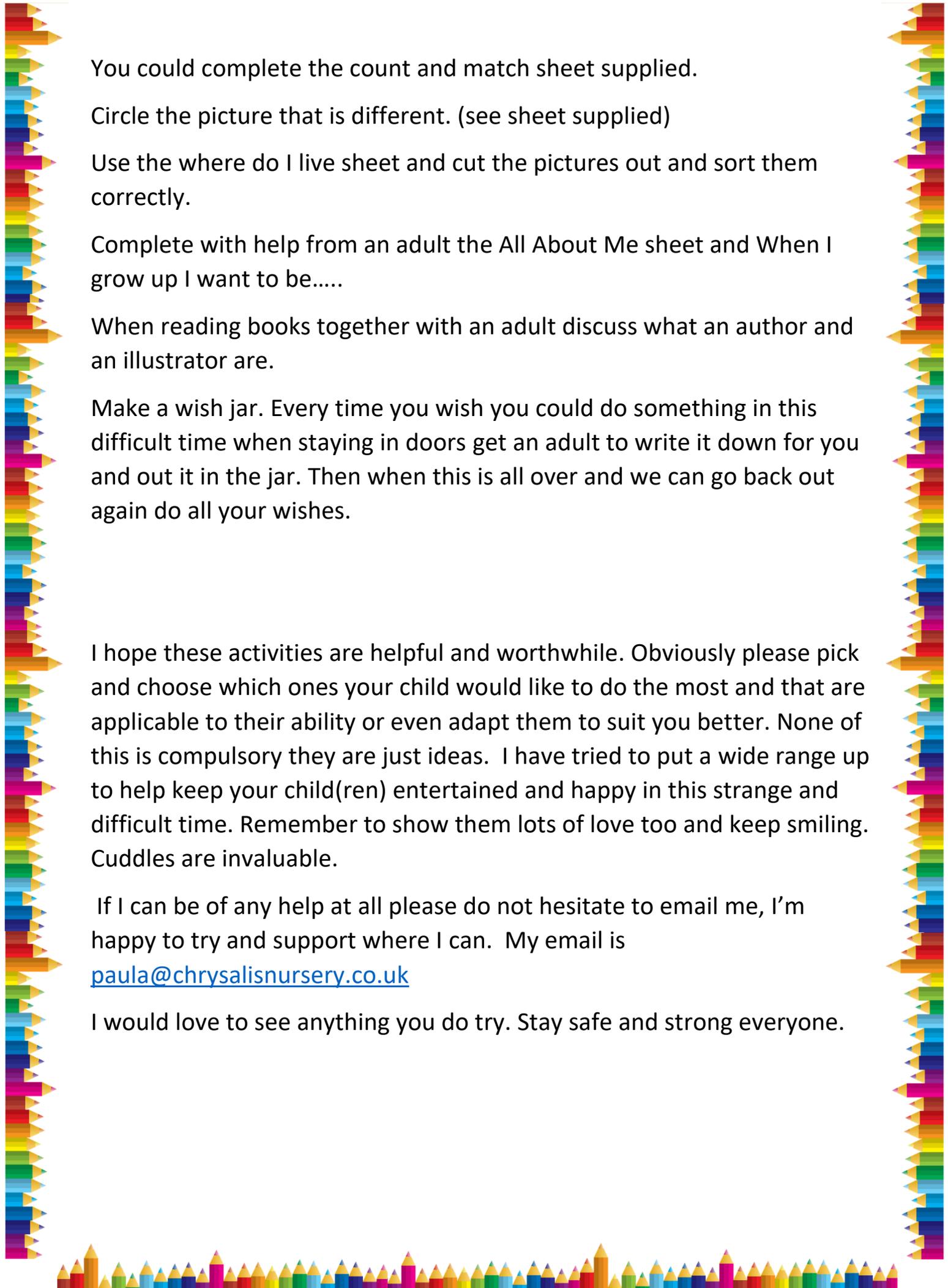
Roll a dice and whatever number you get make a tower using Lego bricks. Do this a few times before you knock them down as then you can discuss which tower is taller or shortest.

Complete the simple addition sheets supplied. The children will need to do this practically with objects or on their fingers with adult help)

Use the number sheet supplied and cut the numbers out and stick them next to the correct picture.

Count how many apples and circle the correct number sheet. (see sheet supplied)

Colour the amount sheet (sorry it is an American sheet so "color" is spelt incorrectly for us. Please chop the title off)



You could complete the count and match sheet supplied.

Circle the picture that is different. (see sheet supplied)

Use the where do I live sheet and cut the pictures out and sort them correctly.

Complete with help from an adult the All About Me sheet and When I grow up I want to be.....

When reading books together with an adult discuss what an author and an illustrator are.

Make a wish jar. Every time you wish you could do something in this difficult time when staying in doors get an adult to write it down for you and out it in the jar. Then when this is all over and we can go back out again do all your wishes.

I hope these activities are helpful and worthwhile. Obviously please pick and choose which ones your child would like to do the most and that are applicable to their ability or even adapt them to suit you better. None of this is compulsory they are just ideas. I have tried to put a wide range up to help keep your child(ren) entertained and happy in this strange and difficult time. Remember to show them lots of love too and keep smiling. Cuddles are invaluable.

If I can be of any help at all please do not hesitate to email me, I'm happy to try and support where I can. My email is

[paula@chrysalisnursery.co.uk](mailto:paula@chrysalisnursery.co.uk)

I would love to see anything you do try. Stay safe and strong everyone.